



2-year Advanced Training in Biosynthesis 2014–2016

The Supervision / Advanced Training Course lasts over 2 years and consists of 5 course modules of 4 days (2 weekdays and 2 weekenddays) each. In the 1st year 1 module is offered, 3 modules in the 2nd year and 1 module in the 3rd year. The Supervision Course is offered to graduates of the 3 years' training course and to therapists out of other professional directions.

Trainers

8 days	David Boadella, DSc hon. Psychotherapist SPV and ECP
4 days	Silvia Specht Boadella, Ph.D Psychotherapist SPV and ECP
4 days	Gisela Marxen-von Stritzky, DSc, Naturopath
4 days	Esther Bulang, Dr. med., Specialist in Psychosomatic medicine and Psychotherapy (doctor and psychotherapist)

Content of all modules

1. Case studies and clinical seminars

Participants can present cases from their therapeutic practice. The feedback is based firstly on

- the principal defence pattern of the client and the question of whether they are able to discover their essential qualities, and secondly on
- the transference pattern of the therapist and the question of what they can learn from this to help them develop new strategies.

2. Theoretical and practical exploration of special clinical themes

In this part of the course we will investigate individual case studies more intensively. Suggestions and themes can be generated by the group or the group leader.

3. The theory of different styles of bonding

In competition or collusion? We look at the respective bonding pattern between the therapist and the client. They are inhibiting somatic resonance and somatic presence. How can we recognise these inhibitions?

4. Different strategies of therapeutic intervention

What is appropriate at what time, and how is it suitable for different character types and the problem in question? We will work with the Biosynthesis therapy hexagram. How do I behave with the client? What method do I have as options? Which would I prefer to take depending on my abilities?

These questions are intended to help every individual therapist to find their own essential qualities so that he or she is able to meet the client beyond the level of the problem.

Thematic Focus

1. Module: Overview of the Supervision Process

David Boadella, DSc hon. and
Silvia Specht Boadella, Ph.D

- The Biosynthesis concept of life-fields of experience as a model for diagnosis and indications.
- Overview of Biosynthesis principles and techniques
- The relationship between intentions, interactions and interventions
- Supervision from the "higher self"
- Energy-medicine: treatment, music and movement in the precision of context and contact
- Discussion of open questions and special themes in relation to cases presented from the application fields of the course-participants.

2. Module: Family-constellation and Biosynthesis

Gisela Marxen-von Stritzky,
DSc

- somatic resonance in the morphogenetic field of the family
- fields of application: personal concerns / supervision constellations /diagnosis
- passing over of family themes, power of suggestion in family systems: bonding styles of relationship and movements of the soul
- Trauma work in the context of constellations
- Indications and contra-indications, chances and limits of constellations
- Dealing with transference phenomena in constellations

3. Module: Neurobiology, trauma, and strategies of therapy

David Boadella, DSc hon.

- The three fold body and three fold brain: embryological and neuro- biological principles in energetic functioning. The limbic system in relation to the cognitive and motoric aspects of the organism.
- Polarities in trauma-biology and in the therapeutic transformation of trauma
- Five central principles of therapy: basic guidelines

- Four fronts of approach: upwards and downwards causation in therapy; affect („Merken“) and effect („Wirken“) in therapy.
 - Strategies of empowerment: overcoming the inhibition of action which is central to the disempowerment created by trauma.
 - Strategies of embodiment: re-owning the disowned body. Principles of vitalisation.
 - Strategies of orientation: re-organising perception and memory.
 - Strategies of inspiration: basic principles of working with inner and outer resources and with resonance in relationship.

4. Module: Introduction to the Operationalised Psycho-dynamic Diagnostic (OPD 2) and to Structure-related Psychotherapy after Rudolf Esther Bulang, Dr. med.

- Investigation of the therapeutic approach in regard to conflict, structure and trauma in Psychotherapeutic process
- Relationships and connections between OPD and Biosynthesis
- A viewpoint on personality characteristics of client and therapist in relation to the risk of a burn out in the helping professions

5. Module: Summary of the Supervision Process

David Boadella, DSc hon. and
Silvia Specht Boadella, Ph.D

- Overview of the therapeutic process and the development of client and therapist
- Somatic diagnosis of Biosynthesis in the context of research
- The Biosynthesis character-cube and inter-subjectivity
- Trust in the integration of intellect and intuition
- The opening of resources, and the reduction of anxiety over personal qualities
- Work with groups and with group energy
- Discussion of open questions and special themes in relation to cases presented from the application fields of the course participants.

Trainers

David Boadella (born 1931), B.A., M.Ed., DSc hon., Psychotherapist SPV, UKCP and ECP.

Studied education, psychology and literature. Trained in character-analytic vegetotherapy. Founder of Biosynthesis. Since 1985 he has undergone ongoing further training in "Psychosomatic Centering" (Robert Moore, Denmark). He has spent over 40 years in psychotherapeutic practice. He holds lectures worldwide, and is the author of numerous books and articles. In 1995 he was awarded an honorary doctorate from the "Open International University of Complementary Medicine" for his pioneering work in the development and promotion of Energy & Character, as well as for his contributions to social sciences in this context. A selection of David Boadella's books: "Befreite Lebensenergie / Lifestreams" (Schirner / Routledge), "Wilhelm Reich: The evolution of his work" (Arkana).

Silvia Specht Boadella (born 1948), Ph.D, Psychotherapist SPV and ECP.

Studied philosophy, literature, psychology and art history. Trained in Biosynthesis. Since 1985 she has undergone ongoing further training in "Psychosomatic Centering" (Robert Moore, Denmark). She spent four years lecturing at the University of Kanazawa (Japan). There she dealt intensively with Zen Buddhism and trained in Buto dance with Kazuo Ohno. Since 1985 she has had a psychotherapeutic practice for individual and group therapy. Since 1986 she has been a Biosynthesis trainer at an international level and director of the IIBS. She has published a book: "Memory as change" (Mäander)

Gisela Marxen-von Stritzky (born 1958), DSc, Studies in Biology and Geography, doctorate in Landscape Ecology, Naturopath.

1982-1985 Biosynthesis-Training, 2 years further education in Biodynamic Therapy, since 1986 student by Hetty Draayer (Breathing meditation), since 1995 further education in family constellation.

Member of the DGfS (Deutsche Gesellschaft für Systemaufstellungen). Founding member of the International Forum for Political Constellations IFPA. Single, pair and group therapist in own practice since 1990.

Main focus: psychosomatics,

accompanying of people in the helping professions,

Training therapist, supervisor and trainer at the International Institute for Biosynthesis (IIBS),

Teacher in education and further education for German Naturopaths for psychosomatic and psychotherapeutic topics.

Leader of further educations in breathing meditation by Hetty Draayer for people in helping professions.

Lector of the German books from Hetty Draayer "Das kosmische Auge – wie wir den Weg der inneren Heilung gehen", Kösel-Verlag 2002 and "Finde dich selbst durch Meditation – ein Lese- und Übungsbuch", Schirner-Verlag 2007.

Esther Bulang (born 1963), Dr. med.

- Living in a partnership, two adult daughters
- Specialist in Psychosomatic Medicine and Psychotherapy (psychodynamic), specialist in Ophthalmology, therapist in Therapeutical Archery (Hakomi)
- 1983-1990 study of medicine at University of Leipzig
- 1990 approbation as doctor
- From 1990 to 1995 education in Ophthalmology, specialization in eye surgery and Neuro-Ophthalmology, specialist in Ophthalmology
- Scientific work and taken my doctor's degree in Neurology/Neuro-Ophthalmology at University of Dresden in 2003
- 2003 short term operation as surgeon and trainer for eye surgery in Kenya
- 2003-2006 head physician of an Eye Clinic
- 2005 start with the psychotherapeutical education in theory of Depth Psychology and start of an educational psychoanalysis at Institut für Psychodynamische Psychotherapie in Dresden
- Since 2006 change of occupation as a doctor to Psychosomatic Medicine and Psychotherapy, work as a single and group psychotherapist in psychosomatic rehabilitation, at the University clinic of Leipzig and inpatient Psychiatry
- 2009-2010 education in Therapeutical Archery (based on Hakomi)
- Since 2007 education in Biosynthesis-Bodypsychotherapy and assistant in Biosynthesis trainings (basic trainings and supervision course) by Silvia and David Boadella
- Since 2012 Specialist in Psychosomatic Medicine and Psychotherapy (psychodynamic)

2-year Supervision in Biosynthesis 2014/2015/2016

Dates for 2014 and trainers

1. Module: 13.11. – 16.11.2014
David Boadella, DSc hon. and
Silvia Specht Boadella, Ph.D

If it is necessary from our side to move a supervision module in 2014, we will do with at least 6 months advance notice time for a new date, or we will move it on the following date in 2015: 12.02. – 15.02.2015 (please save this date in 2015).

The data for the training courses in 2015 can be obtained from our secretary's office from September 2013.

2. Module: Gisela Marxen-von Stritzky, Dsc

3. Module: David Boadella, DSc hon.

4. Module: Esther Bulang, Dr.med.

5. Module: David Boadella, DSc hon. and
Silvia Specht Boadella, Ph.D

Time

First Day 13.00-17.30 clock, 19.00-21.00 clock

Second Day 09.30-12.30 clock, 14.30-18.00 clock

Third Day 09.30-12.30 clock, 14.30-18.00 clock

4th Day 09.30-12.30 clock 14.00-16.45 clock

Location

International Institute for Biosynthesis IIBS in Heiden (Switzerland)

Course fee

CHF 225,- per day, CHF 4.500,- total, payable in 3 installments, excluding board and lodging, incl. course material.

The 2-year supervision can only be booked as a complete course.

Registration and course conditions

Confirmation of registration: Once your registration form is received, we will send the training contract to you.

Liability: Course students are responsible for their own actions within the context of the course. The International Institute for Biosynthesis IIBS and trainers running the courses accept no responsibility for accidents or other consequences occurring during the course. The student must confirm that he or she has accident and health insurance, and that he/she will maintain this policy for the duration of the course.

Info: Up to date information and portraits of the tutors with foto can be found on our website or you can order the course brochure at:

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Benzenrüti 6
CH-9410 Heiden/Schweiz
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Fax +41-(0)71 891 58 55
E-Mail: info@biosynthesis.org
www.biosynthesis.org

Registration form

Please send to the

International Institute for Biosynthesis IIBS
Benzenrüti 6
CH-9410 Heiden/Schweiz

Once your registration form is received, we will send the training contract to you.

I would like to register for the the supervision (advanced training) courses 2014–2016:

Name

Adress

Tel. home

Tel. work

Fax

E-Mail

I accept the registration and course conditions:

Date

Signature

